

**DECREASE OPIOID DEATHS THROUGH
EVIDENCE-BASED HARM REDUCTION**

***(PRACTICE, TEACHING, TRAINING,
ADVOCACY, AND RESEARCH).***

NCPHA

9/27/2023

DISCLOSURE

- 1.5 NCPD contact hours and up to 1.5 CPH Recertification Credits may be earned upon successful completion.
- For successful completion, participants must attend the entire educational activity and complete the online course evaluation. There will be no partial credit awarded.
- No relevant financial relationship exists for anyone in the position to control content for this activity.
- This educational activity is being jointly provided by the Public Health Nursing Institute for Continuing Excellence and the North Carolina Public Health Association.
- The educational activity evaluation will be open at 4:30 P.M. on **September 27, 2023**, and close on **October 15, 2023**.
- The Public Health Nursing Institute for Continuing Excellence is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

OBJECTIVES FOR TODAY

- Attendees will learn about harm reduction as a philosophy and the important tenets of harm reduction practice
- Attendees will gain familiarity with specific harm reduction methods , particularly with people who are using drugs and who may be experiencing homelessness
- Attendees will learn about MOUD/MAT treatment options and the importance of low barrier programs
- Attendees will learn about the importance of peer-led opioid overdose reversals and how to facilitate these in the community.

PRESENTERS

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www.gcstop.org

PI, Guilford County Solution to the Opioid Problem Programs

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Nurse Specialist Public Health

Immunization / Refugee Health / CD Program

Durham County Department of Public Health

WHAT IS HARM REDUCTION?

Why is it compatible with Nursing and Public Health???

1. Self-determination, right to fail
2. More sustainable
3. Strengths-based





Harm reduction
in everyday life

- Immunizations
- Sunscreen
- Seatbelts
- Helmets
- Seat belts
- Bullet-proof vests
- Condoms



Cup
of
Hope

“HARM REDUCTION” DEFINED

Harm reduction is a way of preventing disease and promoting health that “meets people where they are” rather than making judgments about where they *should* be. Harm reduction focuses on promoting scientifically proven ways of mitigating health risks.

-Adapted from NC Harm Reduction Coalition



HARM REDUCTION PRINCIPLES:

- <https://harmreduction.org/our-work/training-capacity-building/online-training-institute/>
- <https://harmreduction.org/>

Free trainings!

BENEFITS OF HARM REDUCTION IN OUD SERVICES

- Lowers HIV risk and hepatitis transmission by up to 70%
- Reduces overdose fatalities by more than 80%
- Provides a pathway to drug treatment programs
- Reduces the number of contaminated syringes in the community and the risk they pose to first responders

- Adl Jaffe, PhD

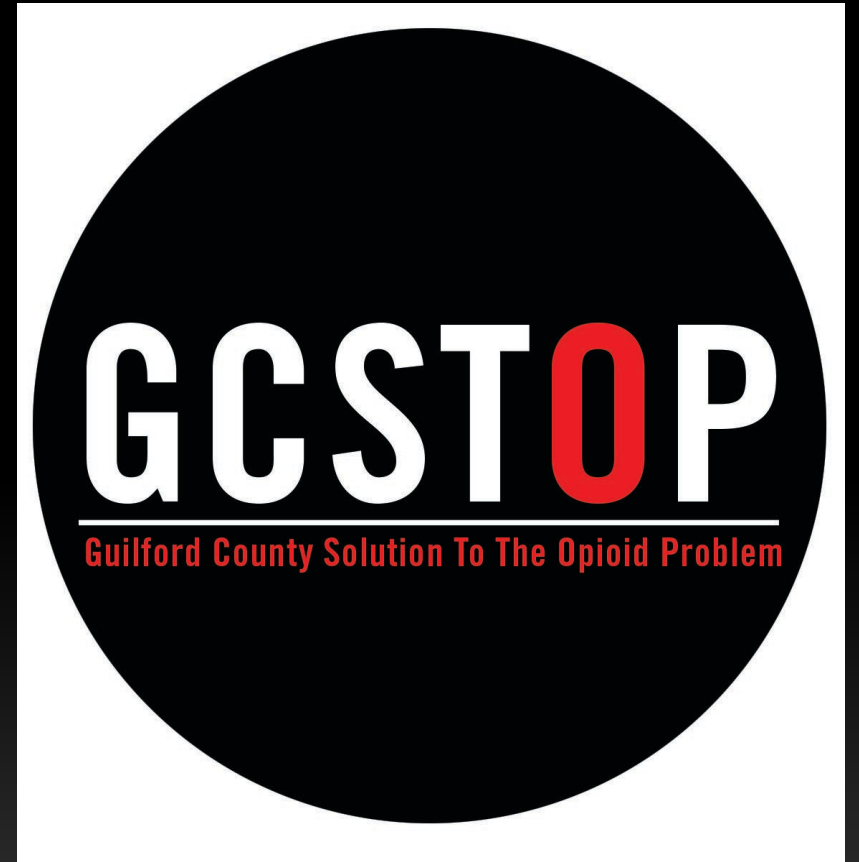
HARM REDUCTION MYTHS AND FACTS

True or False?

- Harm reduction enables addiction
- Naloxone can only be administered 3 times (in a lifetime) after which it is no longer effective.
- Naloxone that is past its expiration date is still effective.
- The opioid drug supply in the country is generally pure heroin.

GCSTOP works directly with residents of Guilford County who have suffered an overdose and others who are at high risk for opioid-related mortality.

- Partnership between Guilford County and UNCG
- Formally established in 2017
- Services launched in March 2018



MISSION: TO DECREASE OPIOID-RELATED MORTALITY IN GUILFORD COUNTY

Through education, outreach, and direct service provision we:

- Engage participants with harm reduction services
- Distribute and train community members on the use of naloxone
- Provide case management, counseling, and community resource referral

OVERDOSE

Get Naloxone. Reverse Overdose.



336-505-8122

Guilford
County EMS

UNCG

Interns and
Volunteers

Guilford
County Health
Department

Guilford
County
Sheriff's
Office

Greensboro
Police
Department

Private Donors

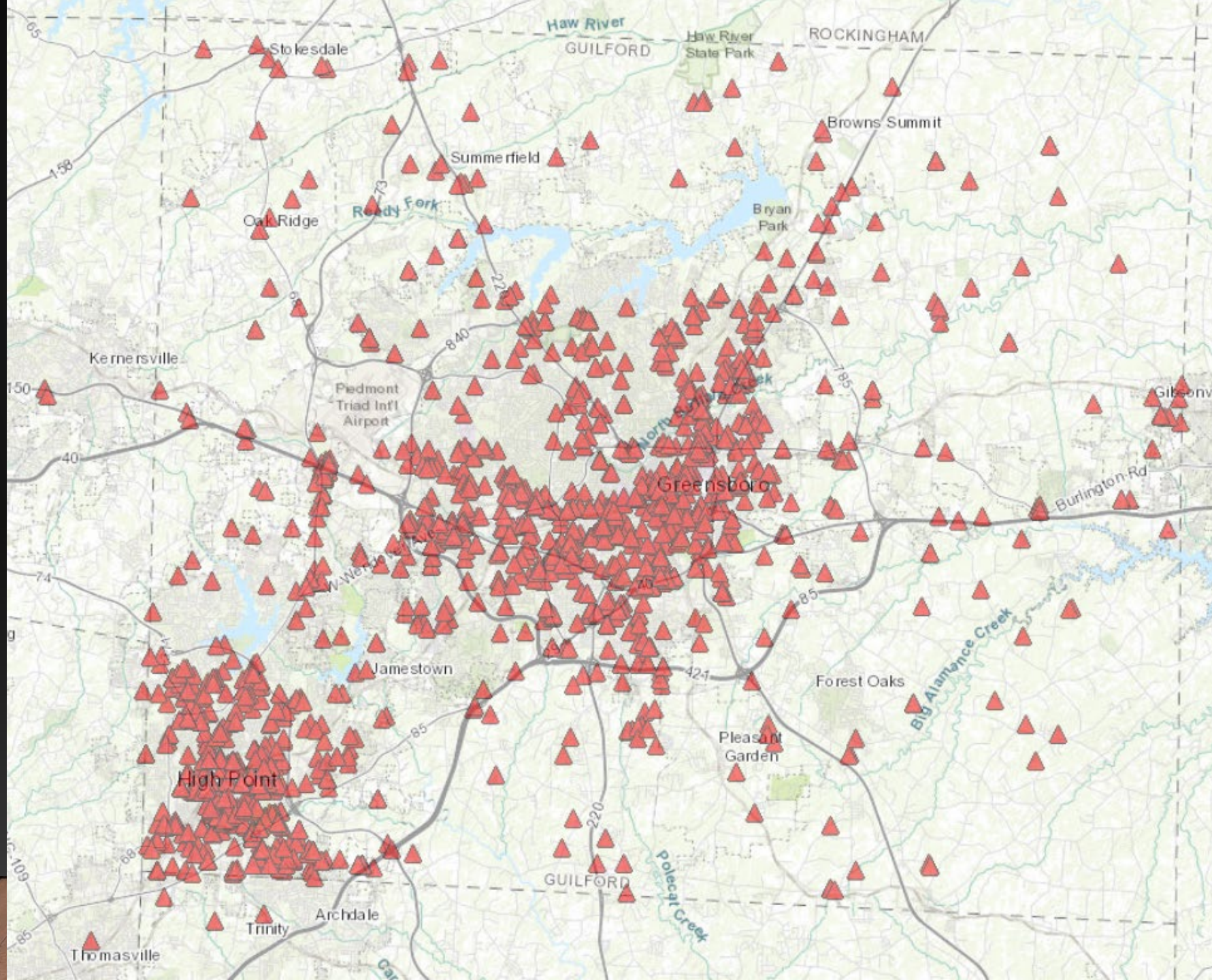
College Park
Baptist Church

Cone Health
Foundation

Family
Service of the
Piedmont

Caring
Services

My Pharmacy



PRIMARY PROGRAM AREAS

Post-Overdose Response Team (“P.O.R.T.”)

- Follow-up within 72-hours of EMS referral
- Naloxone and overdose prevention training
- Facilitate referrals to substance use treatment
- Case management and counseling





SYRINGE SERVICES PROGRAM ("S.S.P.")

- Provide Naloxone and overdose prevention training
- Treatment referrals
- Assistance with basic needs
- Case management and counseling
- Safer-use and safer-sex supplies

HEPATITIS C PROGRAM

- Hep C and HIV testing as a component of Syringe Services
- Linkage to medical care
- Case management and counseling



JOY NOLAN

- Durham Community Paramedics another Exemplar....

<https://www.dconc.gov/county-departments/departments-a-e/emergency-medical-services/community-paramedics>



LOW BARRIER MEDICATION FOR OPIOID USE DISORDER

Services provided at no cost
through Opioid Settlement grant
funding:

- Doctor visits
- Suboxone
- Counseling and Case Management

Referral Line:
**Caiden Haarvig, Lead
Clinician**
336-336-604-9365

Caring Services Inc. 
caringservices.org

Support • Treatment • Overdose Prevention

GCSTOP

Guilford County Solution to the Opioid Problem

**TWELVE
MONTH
OUTCOMES
2022-2023**

Participant Contacts: 848

Narcan Kits Distributed: 5712

Overdose Reversals: 1044

Syringes Distributed: 343480

Syringes Destroyed: 257610



COUNTY SEE THE
MOST
OVERDOSES?

Earn Professional Development Hours



You may earn continuing education hours for your professional discipline by completing the evaluation for this activity. Your thoughtful responses provide important information that allows the PHNICE to continue its mission of providing quality professional development opportunities at free or reduced cost.

You must complete the activity evaluation to receive a certificate of completion. Everyone should save/print a completion certificate for their records.

The educational activity evaluation will be open from **September 27th, 2023 to October 15th, 2023.**

A professional development certificate will be provided to all individuals that complete the evaluation by the deadline. **Please Note:** This will be your only option to receive evidence of the professional development contact hours and/or CPH Recertification Credits. You will need to save this certificate.

To complete the evaluation, go to:

<https://www.surveymonkey.com/r/0285AB>