**DRAFT AGENDA**

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| Our Nurses, Our Future: You Make a DifferenceMay 5, 2023Greensboro Coliseum Special Events Center |
| 8:00-8:45 | Check-In and Breakfast |
| 8:45- 9:00  | Welcome & Purpose | **Jean Douglas, PharmD** Chair ANCBH**Merle Green, MPH, MBA** Executive Director ANCBH**Ray Jeffers,** NC State House Representative |
| 9:00-10:00 | Keynote addressThe North Carolina Public Health Nurse: Finding Resilience in a Challenging Time | **Rose Hoban, RN, MPH** Editor, NC Health News |
| 10:00-10:15 | Overview of North Carolina Professional Organizations Representing Public Health Nurses | **Joy Smith, RN, MSN** NCAPHNA President**Liz Stevens, RN, MPH, SANE** NCPHA Nursing Section Chair |
| 10:15-10:30  | Break & Visit Exhibitors |
| 10:30-11:30 | Connecting Our Work: Healthy North Carolina 2030 and NCIOM Task Forces | **Brieanne Lyda-McDonald, BS, MSPH** Project Director NCIOM |
| 11:30-12:30 | Lunch |
| 12:30-1:15 | Breakout Sessions 1. Healthy Cooking on a Nurse’s Budget
2. Exercise is Not a Punishment: Addressing Work-Life Balance Using Exercise and Mindfulness
3. Yikes! I Just Said No…and I Like It!
 | 1. **Chef N’gai Dickerson**, Past Director for the AHA Healthy Kitchen
2. **Natalie Huffine**, Wellness Director YMCA
3. **Amichia Gainey-Jones, BS, D.Min**

Regional Director, Workforce Development, Cumberland County DPH |
| 1:15-1:30 | Break & Visit Exhibitors |
| 1:30-2:15 | Exploring Cultural Humility in Public Health Services | **Bryle Henderson Hatch, PhD** Director Office of Diversity, Equity & Inclusion NCDHHS |
| 2:15-3:00 | Breakout Sessions 1. Healthy Cooking on a Nurse’s Budget
2. Exercise is Not a Punishment: Addressing Work-Life Balance Using Exercise and Mindfulness
3. Managing Stress Through Small Space Gardening
 | 1. **Chef N’gai Dickerson**, Past Director for the AHA Healthy Kitchen
2. **Natalie Huffine**, Wellness Director YMCA
3. **Ashlie Thomas,** Owner The Mocha Gardener
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| 3:00-3:15 | Break |
| 3:15-4:00 | Stories from the Field: How I Survived the Pandemic as a Public Health Nurse | **Jane Hinson, RN, MSN,** Health Director Iredell County **Felicia Reid, RN, MSN**, Retired Nursing Director Guilford County**Livi Shepherd-Gray, RN,** School Nurse Guilford County**Bonnie Dukeman, RN,** PHN Supervisor Chatham County**Paula Black, RN, MSN,** Nursing & Clinical Services AdministratorGaston County |
| 4:00-4:15 | Musings from the Chief Public Health Nurse | **Susan Little, DNP, RN, PHNA-BC, CPH, CPM, FAAN** Chief Public Health Nursing Officer NCDPH |
| 4:15-4:30 | Door prizes & adjourn |

This program is being offered through a collaboration between the Association of North Carolina Boards of Health, the North Carolina Association of Public Health Nurse Administrators, the North Carolina Public Health Association, and the Office of the Chief Public Health Nurse/Public Health Nurse Institute for Continuing Excellence.

The Public Health Nursing Institute for Continuing Excellence is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

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