

North Carolina Public Health Association
Wellness & Prevention Section
Minutes

NCPHA Wellness & Prevention Officers Section Meeting

Monday, January 29, 2018

3:00PM – 4:00PM

Meeting Location: Phone Conference (641) 715-3580 + Code: 57-3074

Present: *We apologize in advance if your name is spelled incorrectly. Karen Villines, Shahnee Haire, Marissa Mortiboy, Julie Gooding-Hastings, Kathy Cox, Linda Hughes, Ulva Little, Linda (Last Name), Mary (Last Name), Katrina White, NC A&T rep, Treasurer, Samantha Murphy, Kiana Redd, Anna Martin, Trey Wright, Kelly Richardson, Camille Mitchell, Travis Greer, Taylor Richardson, Sarah Jacobson, Zo Mpofu

WHAT (Content)	Who	Action Items
<p>Start-ups</p> <ul style="list-style-type: none"> • Send Shahnee information about upcoming webinars, trainings, community events, job postings to share with the Wellness and Prevention section. • The purpose of the Wellness and Prevention section is to bring together all those interested in public health from a variety of organizations. The section helps members work together, network, gain new ideas and share ideas in their home counties. The section is made of health educators and some nutritionists. • Start collecting quarterly updates to share with the full section. 	Team	Share feedback and suggestions with Shahnee about the section call.
<p>Old business</p> <ul style="list-style-type: none"> • Meet and Greet- Five Wellness and Prevention section members and individuals met lunchtime on January 12 at the Community Health Institute in Raleigh. They came up with the following suggestions: <ul style="list-style-type: none"> ○ Leverage group training to save money, available 1-2 times throughout the year regionally or combine with another section at the NCPHA Fall Education Conference. Topics of interest include RBA training, health/racial equity, poverty simulation, next steps to action planning- peer support on developing good plans, incorporating policy and systems change into action plans, balance plan submitted to state to what done on a daily basis ○ Information for new vs. established professionals- policy, data, information for new staff ○ More real world examples from communities and coalitions, counties, share policy and systems change work quarterly? ○ Wellness and Prevention section members meet where multiple members will be present such as the NCPHA Fall Education Conference or the CHA Institute, having lunch together at the CHA Institute worked really well 	Team	
<p>New business</p>	Team	Review the Wellness

<ul style="list-style-type: none"> • NC Coalition Network- Shahnee spoke with Sarah Wellner-Pegna with the NC Coalition Network. The NC Coalition Network will look broadly at coalition building and building partnerships. The main focus will be tobacco. There will be some overlap with the Wellness and Prevention section meetings. Shahnee hopes to work with the NC Coalition Network in the future. • WP Regional Network Meetings- The section would like to hold regional meetings every other month on various topics. Shahnee would like to get everyone in the section involved and active in order to grow within the profession. Caldwell, Durham, Robeson, Scotland, Henderson, Carteret, Catawba, New Hanover and Hoke County Health Departments, NC Central University and NC Division of Public Health all agreed to host a networking meeting. Hosts would provide a meeting location and date and technology assistance such as laptops and projection. There should be space for 20-30 people. Each networking meeting should be 2-3 hours. <p>One of the section officers or members would facilitate the meeting. The meetings are for any section member who wants to travel. There will be a conference call number available for those who can't attend in person. Carteret County in the yellow area, Durham, Orange and Wake Counties in the blue region, Rockingham County in the purple region, Catawba in the pink, and Henderson in the green area will host. The first meeting will be held in April and will be held in June, August, October and December. A meeting will not be held in the yellow area this year.</p> <p>It was suggested to hold a regional meeting in Carteret County before the Eastern District Public Health Association on April 24.</p> <ul style="list-style-type: none"> • WP Survey Results- Survey takers were willing to participate in regional meetings. People were most comfortable with travelling between 50 and 80 miles for a meeting. Topics those surveyed are interested include policy, equity, enhancing resource for regional communities, professional development- continuing education, job descriptions <ul style="list-style-type: none"> ○ Barriers to attending- workload, distance, cost ○ Increase participation- networking, learning opportunities, receiving CEUs ○ Most preferred to attend in person, then webinar, then by phone • Advocacy Committee Updates- The last meeting held on January 18 had updates from the legislature discussing the possibility of rural public health changes in infrastructure and considering what topics to include on the policy agenda. They are still open to policy suggestions. Other suggestions include religious and social work exemptions for vaccinations and social determinants of health. The next meeting will be held February 20. 		<p>and Prevention section branch map and send comments to Shahnee.</p> <p>Shahnee will reach out to other health educators and providers to let them know about the regional meetings.</p> <p>Julie will send Shahnee the draft agenda for the Eastern District Public Health Association meeting in April.</p> <p>Shahnee will contact the regional meeting sites.</p>
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<p>Next Steps & Closure</p> <ul style="list-style-type: none"> • The next call will be April 30, 3 pm • Orange County is hosting a poverty simulation on February 9 from 1-4 pm. Registration is required. 	<p>Team</p>	<p>Shahnee will send out the registration link for the poverty simulation.</p>
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Thank you for being a part of the Wellness & Prevention Section!

- Shahnee Haire (2017-2019 Section Chair)

Minutes Prepared by: Marissa Mortiboy (Secretary)